

## **The Outdoor (Ten) Essentials: (Boy Scout Handbook, p. 264)**

Any time a Scout goes on a camping trip or hike, he should always be prepared by carrying the following ten essential items in his pack. These essentials will allow a scout to survive in the outdoors in most emergency situations.

### ALWAYS:

- ☐ Pocketknife (when you complete Totin' Chip training)
- ☐ First Aid Kit
- ☐ Rain Gear / Extra Clothing
- ☐ Water Bottle (.75 to 1 liter – preferably aluminum in case water boiling is required)
- ☐ Flashlight or Headlamp
- ☐ Trail Food
- ☐ Matches/Fire Starter (when you complete Firem'n Chit training)
- ☐ Sun Protection
- ☐ Map and Compass

### AS NEEDED for each outing:

- ☐ Insect Repellant
- ☐ Whistle
- ☐ Signal Mirror (Can use an old CD)
- ☐ Emergency Blanket
- ☐ Water Filter / Purification Tablets
- ☐ Toilet Paper (small roll)

See examples of, and supplement the Boy Scout Handbook list with lists at:

<http://www.rei.com/expertadvice/articles/ten+essentials.html>

<http://scoutingmagazine.org/2004/03/the-10-essentials/>